

標準及非繁忙會籍 2025 Regular and Non-Peak memberships

下列**標準**及**非繁忙**會籍費用及先進會員優惠將於2025年7月1日起生效。

The following **Regular** and **Non-Peak** Fitness membership fees and Master Members discount are effective on 1st July 2025.

	標準會籍 Regular		非繁忙會籍 Non-Peak	
	會費 Original	先進會員# 年費優惠 Master member	會費 Original	先進會員# 年費優惠 Master member
3 months	\$3,890	-	\$3,045	-
6 months	\$7,730	-	\$6,025	-
12 months⁺¹	\$14,900	\$13,100	\$11,430	\$10,060

* 由於標準及非繁忙會籍名額已滿，新會員須先遞交申請表輪候入會
The quota for Regular and Non-Peak members is full, new members are need to wait for membership after filling out the application form.

先進會員年費優惠只適用於年滿60歲或以上之參加者
Master Member Privilege applies to any participant ages 60 or above.

* 香港基督教青年會保留隨時更改優惠條款的權利而無須事先通知
The YMCA of Hong Kong reserves the right to change the membership policy without prior notice.

健身室開放時間 Weight Room Opening Hours

星期一至星期日
Monday to Sunday

07:00 - 22:30



游泳池及按摩池開放時間 Pools & Jacuzzi Opening Hours

星期一
Monday

每週清潔時段
Close for weekly cleansing

12:30 - 22:00

星期二至星期五
Tuesday to Friday

07:00 - 17:00

18:00 - 22:00

星期六及星期日
Saturday & Sunday

07:00 - 11:30

12:30 - 17:00

18:00 - 22:00



詳情請與本中心職員聯絡，或致電 2268 7055 查詢
Please contact Fitness Centre staff or call 2268 7055 for details